

Cycle Menus Month #1 Every Sunday Night

Day *Sundays Blues Bodacious BBQ*

Date:

Dinner NickToons

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| <u>Entrée #1</u> | <u>Grilled Bratwurst Beer Smothered Onions</u> |
| <u>Entrée #2</u> | <u>Char Grilled Chicken with Honey BBQ</u> |
| <u>Entrée #3</u> | <u>Cajun Blackened Catfish with Lemon Aioli</u> |
| <u>Entrée #4</u> | <u>Slow Roasted Pulled BBQ Beef</u> |
| <u>Entrée #5</u> | <u>Cannon Ball BBQ Spare ribs</u> |
| <u>Veg #1</u> | <u>Honey Buttered Corn on the Cob</u> |
| <u>Veg #2</u> | <u>Green Beans</u> |
| <u>Starch #1</u> | <u>Steak Fries</u> |
| <u>Starch #2</u> | <u>Baked Beans</u> |
| <u>Carver #1</u> | <u>Honey Glazed Ham with Pineapple Sauce</u> |
| <u>Carver #2</u> | <u>Herb Crusted Prime Rib Au Jus and Horseradish Cream</u> |
| <u>Soup</u> | <u>Black Bean Soup</u> |